INFORMATION ITEM #1
Department of Athletics Update
(Pat Chun)

Athletic Director Pat Chun will provide a verbal Athletics update on the following:

A. 2017-18 Academics and Life Skills Programming Recap
B. Suicide Prevention Awareness and Mental Health Awareness
C. 2018 Fall Sports Update
D. Organizational Restructuring

ATTACHMENTS:
- Academic Highlights
- Passports to Careers
- Week of Engagement Poster
- Fall 2018 Programming and Events
- Staffing Chart
- WSU Athletics Organizational Chart
All student-athletes combined to average a 3.01 (Fall 2017) and 3.02 (Spring 2018) semester GPA and maintain a 3.10 cumulative GPA at the end of the academic year. The overall cumulative GPA for all student-athletes is the highest in WSU history.

- 53% of all student-athletes maintain at least a 3.00 cumulative GPA
- A record 233 student-athletes were named to the WSU President’s Honor Roll last year
- A record 44 student-athletes earned a perfect 4.00 semester GPA last year
- 120 student-athletes were named to their respective Pac-12 All-Academic Team
- 28 student-athletes are studying in the Honors College
- WSU’s NCAA Graduation Success Rate (GSR) is 80%
- 51% of the 2017-18 senior class maintained over a 3.00 cumulative GPA with 79 of the 80 seniors graduating or currently enrolled for fall classes. The seniors represented 29 different WSU majors.
- 16 student-athletes named Arthur Ashe Jr Sports Scholars
- Women’s swimming earned College Swimming Coaches Association of America (CSCAA) Team Scholar All-America
- Women’s soccer earned the National Soccer Coaches Association of America (NSCAA) Team Academic Award
- Both men’s and women’s cross country teams earned the United States Track and Field and Cross Country Coaches Association (USTFCCCA) Division I Scholar Team distinction
- Women’s tennis earned the Intercollegiate Tennis Association (ITA) All-Academic Team award
- Both men’s and women’s track and field teams earned the United States Track and Field and Cross Country Coaches Association (USTFCCCA) mDivision I Scholar Team award
PASSPORT TO CAREERS

1/23 - RESUME & COVER LETTER CREATION @ 7PM
1/29 - HANDSHAKE WORKSHOP @ 7PM
2/1 - CAREER IN SPORTS FORUM @ 7PM
2/6 - PATHWAY TO PROS WITH JED COLLINS @ 6PM
2/10 - SPECIAL OLYMPICS B-BALL TOURNAMENT
2/13 - CAREER NAVIGATION @ 7PM**
2/20 - WOMEN’S LEADERSHIP PANEL @ 7PM
2/28 - LINKEDIN NIGHT WITH FANNY CHEN @ 7PM
3/1 - NETWORKING NIGHT AT MBB @ 4:30PM
3/7 - PROFESSIONAL PANEL & RESUME REVIEW @ 7PM
3/21 - UNDERSTANDING THE JOB OFFER @ 7PM

LOCATION: WORKSHOPS WILL BE HELD IN THE FOOTBALL TEAM MEETING ROOM (LEVEL 4, CFC)
**2/13 WILL BE HELD IN THE BOHLER CAMP ROOM

Earn 10 stamps from January 23 – March 21 to earn your choice of gift items!

Questions: COURTNEY.RANDALL@WSU.EDU
LYING TO MYSELF

WITH

RYAN LEAF

Former WSU, and NFL Football Player, shares his personal story of triumph, struggle and the journey that led him to finding his true self.

SEPTEMBER 13, 7 P.M.
COUGAR FOOTBALL COMPLEX
4TH FLOOR MEETING ROOM

WASHINGTON STATE
Questions: jpastore@wsu.edu
Fall 2018 Events & Meetings
Student-Athlete Development

**Career Development Events**

**Industry Tour**
Friday, August 17\textsuperscript{th} at 7:00 a.m. in Spokane
- Group of student-athletes (7) visited Spokane for a day trip to speak with professionals and learn about the interworking’s of three large organizations
- Organizations visited: Spokane Indians, Northern Quest Casino, KHQ News

**Professional Development Kickoff**
Monday, September 10\textsuperscript{th} at 7:15 p.m. in CFC Team Room/Gray W (mandatory for senior student-athletes)
- Resume development
- Professional headshots
- Graduate school information
- Graduation key dates and information

**Career Expo Workshop**
Wednesday, September 26\textsuperscript{th} at 6:30 p.m. in Bohler Camp Room (open to all WSU-Pullman campus students)
- Prep event for Career Expo on Tuesday, October 2\textsuperscript{nd} in Beasley 10:00 a.m. – 3:00 p.m.
- In partnership with the Academic Success and Career Center on campus
- Keynote – Chuck Arnold, Chief Operating Officer of the Seattle Seahawks

**Etiquette Dinner**
Monday, October 15\textsuperscript{th} at 6:30 p.m. in Gray W
- Student-athletes will learn dining etiquette and networking skills while engaging local professionals
- Facilitated by Crystal Stanfield, Talent Acquisition Manager, Enterprise Holdings
- 40+ local professionals in attendance for annual event

**Locker Rooms to Conference Rooms Senior Transition**
Monday, November 5\textsuperscript{th} at 7:00 p.m. in Bohler Camp Room (mandatory for senior student-athletes)
- Students will receive key information on the process of transitioning from student to professional
- Finance – Professor David Whidbee, Chair, WSU Dept. of Finance and Management Science
- Housing – Melanie Lange, Coldwell Banker Tomlinson
- Job Search – Shannon Flynn, Senior HR Manager at Microsoft

**Community Engagement**

**Pullman Impact Project**
Tuesday, July 10\textsuperscript{th} at 3:00 p.m.
- Student-athletes (61) contributed 122 hours of service to various community organizations
- Organizations: Pullman Humane Society, Pullman Senior Chore Service, YMCA of the Palouse, City of Pullman Parks and Rec. Palouse-Clearwater Environmental Institute

**Coug Pals**
- Pen-pal letter exchange program with Pullman elementary schools
- Program begins September 12\textsuperscript{th}

**Reading Buddies**
- Moring reading program at Sunnyside Elementary school
- Program begins September 24\textsuperscript{th}
Staff Snapshot February 1, 2018 - Present

<table>
<thead>
<tr>
<th>Full-Time Staff</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Employees</td>
<td>137</td>
</tr>
<tr>
<td>New Employees</td>
<td>39</td>
</tr>
<tr>
<td>Vacant Positions</td>
<td>16</td>
</tr>
<tr>
<td>Total</td>
<td>192</td>
</tr>
</tbody>
</table>

- Current Employees: 72%
- New Employees: 20%
- Vacant Positions: 8%
*Yesterday is gone, tomorrow has yet to come. We have only today. Let us begin.*

--Mother Theresa

As we enter the month of September tomorrow, we also begin National Suicide Prevention Awareness Month, and join with campuses around the nation in educating our students, faculty, staff and community on the warning signs of suicide. This year, our efforts in Athletics are more personal, with the loss of Tyler Hilinski last January.

Suicide is a national crisis and now the second-leading cause of death among 15-24 year olds. Over the past several months, our student-athletes, coaches and staff, have been working together to create an environment and culture filled with hope, positivity and healing. We have partnered with the JED Foundation, nationally-recognized experts in protecting emotional health and preventing suicide in our nation’s teens and young adults. JED has not only educated us on best practices to help our students but also has been instrumental in helping us understand the best ways for us to honor Tyler and to prevent suicides. We must keep suicide and mental health awareness at the forefront of our thoughts and conversations, not just in the coming month, but in the years ahead. We must also remind one another that we are not alone and that help is an ask away.

The Cougs are unified in our commitment to making a difference and on impacting and reducing suicide rates on campus—and around the nation. Our incredible student-athletes created a Public Service Announcement to share the message of suicide prevention, and I encourage you to watch the PSA and share it with others.
In the coming weeks, we will do our part to raise awareness and to honor Tyler in several ways:

- In recognition of National Suicide Prevention Awareness Month, we will paint purple and turquoise ribbons on our football field to bring greater awareness to suicide prevention.
- We will display a Hilinski Hope flag in Martin Stadium throughout the 2018 season to not only honor Tyler, but to again, raise awareness of mental health.
- Each WSU football player will have a #3 decal affixed to their helmet.
- On September 8, prior to our home football game against San Jose State, Tyler's family will help us raise the Cougar Flag for a moment of healing, hope, positivity and love.
- WSU Athletics has partnered with Hilinski's Hope to bring two very important programs to campus on September 9. *Behind Happy Faces* normalizes the concept of mental health and empowers participants to take charge of their lives. *Step Up!* is a bystander intervention program that educates students on how to be proactive in helping others.
- On September 13, we will welcome former Coug Ryan Leaf back to campus to share his honest and poignant journey through life reminding us all that we are not alone in our struggles.

Additional programs and initiatives will be shared in the coming weeks.

If you are struggling, I encourage you to ask for help. If a friend or loved one is struggling, please do not hesitate to offer to help.

Just some of the resources available to those in need:

- The National Suicide Prevention Hotline 1-800-273-8255
- The Pullman 24-hour crisis line 509-334-1133
- Information about the mission and work of the JED Foundation can be found at [www.jedfoundation.org](http://www.jedfoundation.org)
- Information about the mission and work of Hilinski's Hope can be found at [www.hilinskishope.org](http://www.hilinskishope.org)

Together, I know that we can make a difference.

Go Cougs!

Sincerely,

[Signature]

Pat Chun
Director of Athletics

Copyright ©2018 Washington State University